

Sport & Recreation Council

Project Update

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KL Sport and Recreation Strategy

| Sport & Recreation Strategic Goals | |
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| Shared Leadership | A shared leadership approach is taken to develop sport and recreation – ensuring collaboration, investment, and involvement from key stakeholders |
| Open Communication | Opportunities for shared planning, consultation, and cross-promotion are the norm |
| Opportunity For All | All citizens, regardless of age, ability, economic status, gender, culture, language and location are aware, connected and able to access sport and recreation |
| Capacity of our Sport & Recreation Community | Increase capacity of community sport and recreation providers, programs, participants, and services |
| Sustainability | Sport and recreation stakeholders have the human, financial and physical capital to deliver safe and high quality programs |

Volunteer Recognition Dinner



Provincial Grants - 2018

- ❖ Boys and Girls Clubs of Kawartha Lakes
 - ❖ Ontario Sport and Recreation Communities Fund:
 - ❖ \$162,460
- ❖ Ontario Early Years Centre
 - ❖ Ontario Trillium Foundation:
 - ❖ \$66,300
- ❖ Kawartha Cycling Club
 - ❖ Ontario Trillium Foundation:
 - ❖ \$68,600



The Adaptive Recreation Pilot Program

The Kawartha Lakes Sport and Recreation Council (KLSRC) is excited to be able to offer new recreation opportunities to Kawartha Lakes residents in 2019!

In this program, participants will have the opportunity to try various recreational activities in a comfortable environment with other participants also interested in a modified option. All activities in this session will take place in Fenelon Falls.

The emphasis is on trying something new, or revisiting a previously enjoyed activity, modified to participants' current ability level, all while having fun and enjoying some social interaction. It's a great opportunity to learn some new skills and build confidence in a multi-activity setting. In partnership with community recreation providers, this program has been designed to give you the chance to find an activity that will motivate you to be Active Again.

These activities, modified through the use of different rules or adaptive equipment, will be of special interest to older adults, persons with disabilities, or adults who are getting active again.

*Most adaptive equipment can be provided at no cost.

Cost:

Register for: **ALL 6 ACTIVITIES** \$70.00

Register for: **4 ACTIVITIES** \$60.00

Register for: **3 ACTIVITIES** \$50.00

How to Register:

Interested participants can register by visiting www.klsrc.ca
For more information, contact info@klsrc.ca or call 705-324-4493 ext. 237



These more accessible recreation options are made possible through a grant provided to the Kawartha Cycling Club (KCC) from the Ontario Trillium Foundation. KCC has in turn, generously partnered with KLSRC and other CKL sport organizations to offer sessions in up to 6 different activities throughout 2019.



CYCLING

Offered through 1 session during select Wednesdays from June to August



CURLING

Offered through 4 sessions during Tuesdays and Sundays in March



NORDIC POLE WALKING

Offered through 4 sessions during select Wednesdays in April and May



YOGA

Offered through 4 sessions during select Fridays in July and August



PICKLEBALL

Offered through 4 sessions during Wednesdays in September



ADAPTIVE (WALKING) RUGBY

Offered through 4 sessions in June

KL Sport and Recreation Strategy

By 2025, the sport and recreation community in the City of Kawartha Lakes will be recognized for its progressive and collaborative leadership, enhancing the provision of opportunities for all people to be active to the extent of their ability and interest.

~ The vision for Sport and Recreation in the City of Kawartha Lakes

Questions?

