

To the Mayor and Council of the City of Kawartha Lakes:

As a dual citizen of the Kawartha Lakes, Ontario and Alberta, and as a scientifically trained Doctor of Veterinary Medicine, I, Dr. Kerstin Kelly, urge you as public servants, who are expected to work for the public, in the public good, to consider the facts I present to you, and to act upon them in the best interests of the people you work for and represent.

I am bound by a moral and ethical duty as a Doctor, and as a moral and ethical Human Being, as you are expected to behave as well, to:

- 1) First, Do No Harm!
- 2) Respect our God given Rights and Freedoms, as reiterated in The Canadian Charter of Human Rights and Freedoms which is expressly not to be violated by any Emergencies Act.
- 3) Recognize that all businesses and productive work are essential and that no Canadian government has the authority to deem small and medium businesses as non-essential, nor to impose arbitrary lockdowns on any honest business.
- 4) Prevent coerced or mandatory vaccination for COVID-19 which is still experimental and not fully long term safety tested, nor peer reviewed, nor proven to decrease spread of disease or deaths and is not beneficial for the vast majority of the population of which 99.97% will have minimal effects and survive.
- 5) Recognize that there is no scientific proof nor basis for masking, 6 feet distancing, or lockdowns having any benefit in viral disease prevention, and that these practices have negative consequences for the population you represent, far exceeding any real or perceived benefits. Stop the lockdowns, and mandatory masking.
- 6) Ensure that police, bylaw, health officials and others, recognize that they, as well, are public servants who are duty bound to respect our rights and freedoms, be informed, be open and honest with the public who pay taxes and thereby, the wages of the public employees who are there to serve the people.
- 7) As public servants, we, the people, expect you to act openly, transparently, honestly, morally and ethically, and allow public inquiry, open discussion, and honest communication of all facts without censorship. All censorship must be stopped. Stifling of doctors, nurses, police officers and anyone trying to inform the people must be stopped.
- 8) As public servants, you have a duty to protect the sovereignty and freedom of our country, and not implement any foreign agenda.

As of today, the morning of January 4, 2021, there are 0 probable cases in the Kawartha Lakes, no hospitalizations, and none in ICU. In the whole province, with about 800 hospitals, there are reportedly 1190 patients hospitalized, all with multiple co-morbidities, and only 333 in ICU (out of 2,136 possible ICU beds) with 194 on ventilators down 34 from yesterday. These numbers are not higher than flu

hospitalizations in 2018. The definition of case no longer refers to neither sickness, nor illness and has been recently redefined as of November 20, 2020, by the government to mean merely a preliminary positive test, which in Ontario still is a PCR test known to represent mostly false positives, especially when run at a Ct level greater than 30. Cases do not equate to sick people, spreaders, nor any useful measurement, other than to create public panic via the media.

Please consider the attached supporting evidence, and same relevant questions posed and included in the open letter to the Premier of Alberta by Dr Dennis Modry, and consider the significant facts for the Kawarthas, Ontario and Canada as a whole. On review of the facts, I urge you to demand that the province and country reopen completely and honor the rights and freedoms of its citizens.

Kerstin Kelly BSc, DVM

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[REDACTED]  
[REDACTED]

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(1984 – 2015)

Open Letter to Premier Jason Kenney  
December 9, 2020

Dear Premier Kenney,

Many Albertans, myself included, commended you on your previous commitment to a balanced approach to protecting Albertans from COVID-19, while at the same time not completely abrogating our freedoms and rights such as free speech, peaceful assembly, association, and our ability to earn a living and care for our families.

Yesterday you imposed new lockdown measures which severely limit and, in some cases, shut down entirely many social, family, friendship, spiritual, recreational and entertainment pursuits that Albertans rely on for their well-being, just as you did in the Spring. While you have commendably spared small businesses from suffering the complete shut-down they experienced this past Spring (and your apology for this mistake is laudable and honourable), it seems that you have not learned much from the lockdown harms which Albertans experienced earlier this year.

The evidence that you provided for this lockdown is both suspect and incomplete and does a disservice to Albertans who deserve more from you. A major tenet of the Hippocratic Oath that physicians like myself ascribe to is “First Do No harm”, which is ignored by this imposed lockdown.

Is it too late to correct this lockdown error? No, not if you are willing to be better informed. We have learned a great deal since the onset of this pandemic, much of which is the result of how different regions and countries have attempted to control the spread of COVID-19 and treat those infected. Now we know who is at greatest risk and have proven effective therapies for those who are seriously ill, as reported by the National Institute of Health on Dec 3, 2020 <https://www.covid19treatmentguidelines.nih.gov/whats-new/>; and we are on the cusp of mass immunization consequent to multiple vaccines soon to be available worldwide. The public should be re-assured.

Within the last few weeks, new evidence informs a more nuanced approach to better protect Albertans without unintended and unacceptable consequences, such as defined in the excellent recommendations of the Great Barrington Declaration, further addressed below.

I acknowledge with reverence those Albertans who have passed on from COVID-19, just as I acknowledge many others like [REDACTED] who have died because lockdowns prevented their access to healthcare for very serious non-COVID-19 illnesses and conditions. I acknowledge the many with despair who have died from suicide and drug overdose.

We now know that lockdowns are more lethal than Covid-19 <https://www.jccf.ca/government-data-shows-lockdowns-more-deadly-than-covid-19>, and must learn from what has transpired to ensure we do NOT continue to make the same mistakes. Were you not informed of these facts, or did you simply ignore them?

Please consider the following evidence and unintended consequences that should give you courage to retract the restrictions:

1. We are nowhere close to overwhelming our healthcare system. As of Dec 9, 2020, there were 654 COVID-19 patients in 8500 beds, or 7.7 % of capacity. There were only 112 patients in 272 ICU beds, or 41.2 % of operational capacity, however you have stated publicly that the ICU capacity can be increased to 1,081 beds. This implies that, at present, only 10.4 % of potential ICU beds are filled: <https://www.cbc.ca/news/canada/calgary/alberta-all-about-icus-covid-19-critical-care-1.5723342>.
2. Have you evaluated what percentage of patients hospitalized with COVID-19 are actually in hospital because of COVID-19, as opposed to with COVID-19, wherein it is the underlying disease that is the actual reason for the admission? The public deserves to know.
3. Have you evaluated the percentage of patients who died with, but not from COVID-19? This information is extremely important to share with the public who deserve a fair and balanced presentation of the facts to both prevent fear and panic, as well as garner buy-in of government policy.
4. Are you aware that the PCR test for COVID-19 has a false positive rate of up to 50% according to the CDC (USA Center for Disease Control), and up to 90% by other sources? <https://www.ctvnews.ca/health/coronavirus/antibody-tests-for-covid-19-wrong-up-to-half-the-time-cdc-says->

[1.4956506](https://academic.oup.com/cid/advance-article/doi/10.1093/cid/ciaa1764/6018217) and <https://academic.oup.com/cid/advance-article/doi/10.1093/cid/ciaa1764/6018217> and <https://www.zerohedge.com/medical/first-time-us-state-will-require-disclosure-pcr-test-cycle-data>.

5. Are you aware of how many people have died or become seriously compromised because they could not access healthcare for non-COVID-19 disease, including treatments for heart disease, cancer, and other life-threatening problems? Lockdowns are more lethal than Covid-19, which cannot be over-emphasized. <https://www.jccf.ca/government-data-shows-lockdowns-more-deadly-than-covid-19>. Do you not think that the public should know this?

6. Are you aware of how many people have committed suicide due to government-imposed lockdowns and the shuttering of businesses, schools, colleges, and universities? Have you tried to find out?

7. Do you believe that it is ethically and morally appropriate for government to pick winners and losers by defining what is an essential versus a non-essential business, or activity such as, but not limited to, social, recreational, fitness-related, or spiritual pursuits?

8. Are you fully aware of the magnitude of the economic devastation Alberta has sustained, and that we are spiralling down rapidly to a have-not province, according to the Fraser Institute? <https://calgaryherald.com/opinion/columnists/corbella-alberta-likely-to-be-a-have-not-province-soon-and-thats-bad-for-canada>

9. Are you aware of how many divorces have occurred consequent to lockdowns and loss of income? What about the increase in domestic abuse, family violence and increase of substance abuse?

10. Are you aware of the short- and long-term effects on the mental health of our most vulnerable, including our children?

11. Have you been apprised of how much crime has increased due to people becoming desperate just to stay alive?

12. Finally, in the interests of transparency, please provide the information highlighted above to all Albertans on a daily or weekly basis on the AHS website, various social and other media sources available, so that we the people of Alberta can work with you, rather than question the validity of imposed interventions that are no longer required.

Your consideration to rescind the lockdown should also be based on fact. I implore you to read the Great Barrington Declaration <https://gbdeclaration.org/> authored by professors in medicine from Oxford, Harvard, and Stanford, who are experts in epidemiology, immunology, biostatistics, vaccine development, mathematical modeling, and public health policy. The Declaration has been co-signed by 38,154 medical practitioners, as well as 12,717 medical and public health scientists world-wide. Please also review the section in the Declaration on Frequently Asked Questions. You will be better informed and better able to give proper consideration to a more humane, compassionate and effective approach, rather than inflicting a multitude of harms on 4.4 million people. Please consider the following targeted recommendations:

1. All testing should stop immediately, particularly for those who are asymptomatic, except for;

1.1 People presenting to hospital with respiratory problems

1.2 Healthcare workers

1.3 Nursing home employees with 'point-of-care' testing

2. Nursing homes should have a comprehensive campaign for;
    - 2.1 Staff education in infection control
    - 2.2 Vitamin D daily for all inhabitants  
<https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2770157>
    - 2.3 Electronic audiovisual communications for loved ones wishing to stay in touch
  3. Everywhere, hospitals included, should open immediately with conventional pre-Covid-19 precautions.
  4. Mandatory mask-wearing should cease (except for health professionals) as there is no credible scientific basis, as evidenced in the Nov 18, 2020 Danish randomized controlled trial reported in the Annals of Internal Medicine <https://www.acpjournals.org/doi/10.7326/M20-6817>. Further, no country has reported a change in the trajectory of COVID-19 diagnosis consequent to widespread public testing of asymptomatic citizens before and after the institution of a country wide mask mandate. <https://thefederalist.com/2020/10/29/these-12-graphs-show-mask-mandates-do-nothing-to-stop-covid/> and <https://rationalground.com/more-mask-charts/>
  5. Interventions such as total lockdowns, social distancing, and compulsory mask use are causing more harm than good. The genie (virus) is out of the bottle and the spread CANNOT realistically be controlled at all by the current interventions.
  6. Contact tracing and snitching should cease immediately
  7. AHS must come clean with Albertans and provide robust information on the unintended consequences of lockdown measures which were initially well-intentioned but have now proven to be harmful to Albertans' mental, physical, emotional, psychological, spiritual, and economic well-being; as well as lethal from suicide, drug overdose and inability to access healthcare for serious non-COVID illness and conditions.
  8. Finally, as healthcare is in your purview, please ensure that decisions come from your government/AHS, and not from municipalities who do not have access to the necessary resources and expertise to justify restrictions of any kind.
- In conclusion, we have learned much over the past several months. Perhaps most important is the knowledge that lockdowns are more lethal than COVID-19, which should compel you and your government to end them. Your advice and policies for the benefit of Albertans should be predicated on one important tenet of the Hippocratic Oath, "First Do No Harm", and a focussed approach will achieve just that, as explained in the Great Barrington Declaration.
- As for each of us Albertans, we must simply adapt and learn to accommodate to COVID-19, as we all did every previous year with seasonal influenza. We must all take personal responsibility for our health and take actions that are in each of our best interest, including vaccination if one is so inclined, which may well be of benefit if one is COVID-19 negative. Healthcare, like all freedoms, must and should always remain an informed choice, not a government directive.

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