



# JUMP IN AND

# EXPRESS YOURSELF

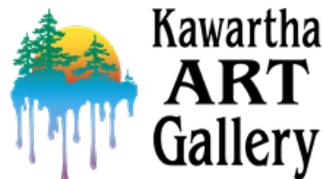
## An ONLINE Exhibition

November 8th - December 31st

A partnership project between the Kawartha Lakes Community Safety and Well-Being Advisory Committee and Kawartha Art Gallery, the JUMP IN & Express Yourself! Exhibit invited youth aged 12 to 24 years, to consider the four priority areas of the City of Kawartha Lakes as identified by the Community Safety and Well-Being Plan Advisory Committee.

Expressing their concerns through their art, youth from across the City of Kawartha Lakes have shared poignant insights into the safety and well-being of their community in the areas of;

**Mental Health and Addictions • Poverty • Housing • Youth**



Please note: with this exhibit, we asked youth to create authentic, honest art about their experiences and ideologies. As a result, some of the content might be triggering or distressing.

If you are in crisis: The Kids Help Line is 1-800-668-6868.

If you are aged 16+, the 24-hour, free, confidential crisis support line for residents of Peterborough, the City of Kawartha Lakes, Haliburton, and Northumberland is 705-745-6484 or toll-free 1-866-995-9933.

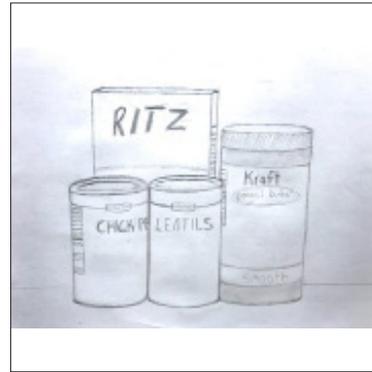


Click on any of the images below to read the full artist description.

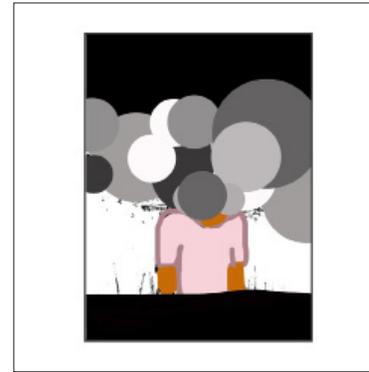
# The Submissions



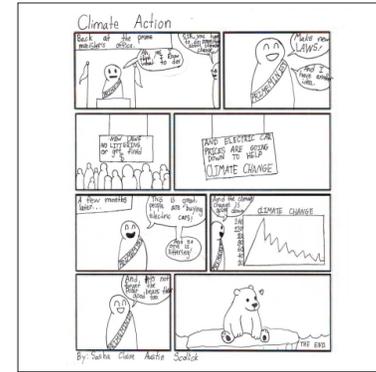
**THE BENCH**  
BY MIKEALA RANCIER



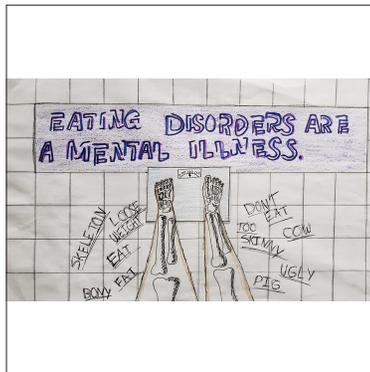
**STILL LIFE**  
BY HAYLIE MAHONEY



**UNFOCUSED THOUGHTS**  
BY PHOEBE STOREY



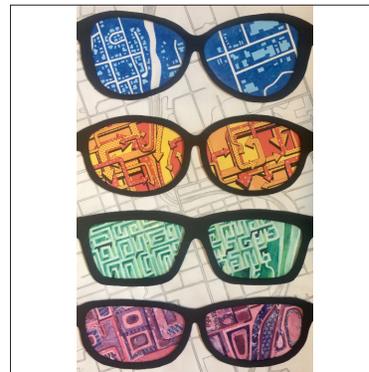
**CLIMATE ACTION**  
BY SASHA AUSTIN-SCOLICK



**PERSPECTIVE**  
BY MYA PAPPAS



**HOUSING**  
BY COLE GEORGE



**THROUGH DIFFERENT LENSES**  
BY JULIA COSSARIN



**LONESOME**  
BY KATHERINE GUAN



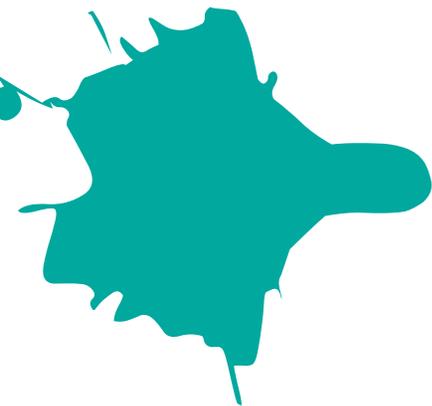
**MASKED ANXIETY**  
BY JESSICA LYVER



**TINY HOUSES**  
BY AMANDA BOLK



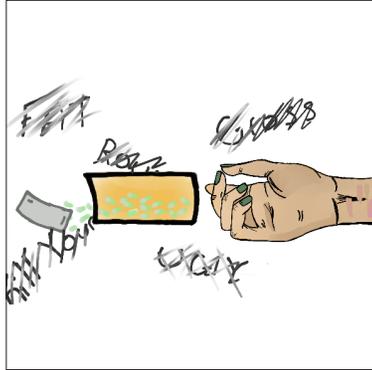
**HOUSE DEAL**  
BY HUNTER CHRISTOFF



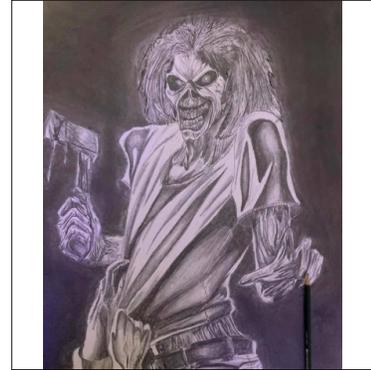


Click on any of the images below to read the full artist description.

# The Submissions



**CONSEQUENCES OF HARM**  
BY KAITLYN MOORE



**YOUTH**  
BY NOAH STIRRETT



**SEE THROUGH**  
BY ALEXIS BELL



**EFFECTS OF MENTAL HEALTH**  
BY ALYVIA BRADY



**ONE LIFE**  
BY CARLY ROBERTS



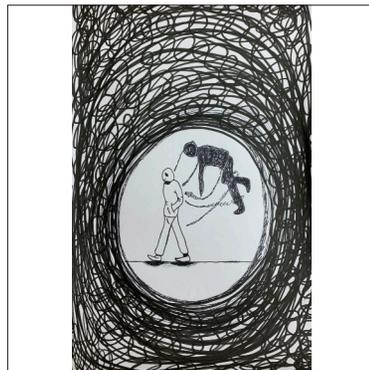
**SETTLING**  
BY DENZEL ZIMNY



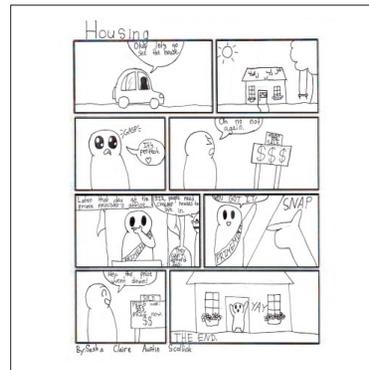
**ALWAYS WATCHING**  
BY CARSON BAIN



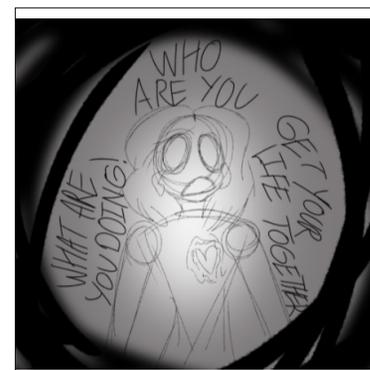
**OH, TO HAVE THIS SEPARATION**  
BY JAHNITA KING



**MY CLOUD**  
BY KYLE PUGH-LEWIS



**HOUSING**  
BY SASHA AUSTIN-SCOLICK



**PRESSURE**  
BY AMY LAMB





# The Kawartha Lakes Youth Council is the opportunity for **YOUR** voice to be heard!

Apply Now 

If you are between the ages of 12 and 24 and live in the City of Kawartha Lakes, you can become a member of the Kawartha Lakes Youth Council.

## WHAT DO YOU GET IF YOU JOIN?

You GET to SHARE YOUR VOICE to create a community that is inclusive of youth  
You GET to BRING YOUR IDEAS and energy to organizing and being involved in community events  
You GET to GAIN valuable and marketable skills like interviewing, teamwork, and leadership  
You GET an OPPORTUNITY to complete required volunteer hours for graduation  
PLUS... it's an impressive addition to job resumes and college and university applications!

## WHAT DO YOU HAVE TO DO IF YOU ARE INTERESTED?

You HAVE to be between 12 and 24 years of age  
You HAVE to be interested in making a difference  
You HAVE to be a resident of the City of Kawartha Lakes  
YOU HAVE to APPLY!

**NEED MORE INFORMATION?**

Contact Carly Veitch at  
[CVeitch@bgckl.com](mailto:CVeitch@bgckl.com)