### Silver Lights Adult Day Program for Dementia

CHANGING THE FACE OF DEMENTIA
IN THE KAWARTHA LAKES

#### Introductions



Tammy Adams, Owner/Founder



Susan Fisher Managing Director

## Dementia. Alzheimer's. What comes to mind?

#### What is DementiAbility?

DementiAbility is a way of taking care of people by learning about their lives, both from the past and now. This helps caregivers know how to care for them better and give them meaning and purpose in their lives, despite the disease.

Silver Lights Adult Day Program is the <u>only</u> DementiAbility Certified facility in Kawartha Lakes and one of only six certified facilities in Ontario.



Visit <u>www.dementiability.com</u> for more information.

# Why did we start this program?

#### Testimonial

For my 93-year-old mother, Silver Lights Day Program is 'Heaven Sent' and I don't say this lightly. I literally prayed for help and the next day I saw the ad for Silver Lights. The staff are wonderful! They are warm and kind and they always make mom feel welcome and needed. It is very important for my mother to feel productive and Silver Lights has so many activities that keep her active both mentally and physically that it lifts her spirits and at the end of the day she never fails to tell me how much she enjoyed herself.

The staff quickly found out my mother's love of music, art and dance and they have provided many opportunities for her to express herself creatively. She also loves all the social interaction with the other members of the group.

As mom's dementia became more pronounced, I realized how important it was to provide her with the most stimulating environment possible. Silver Lights turned out to be the perfect answer to my prayers. This way she can still live at home with us and while she is at Silver Lights during the day I can get on with my work and have peace of mind knowing that she is happy, busy and well cared for.

A very grateful daughter,

-Margaret Robinson

### Current Funding

- Clients pay a daily fee to attend
- Silver Lights Senior Services' community portion of the business currently covers staff wages
- Day Program is in the hole each month, but we continue to push forward
- Recipients of the 2022 New Horizons for Seniors grant at a value of \$8300
- Have not been successful in obtaining any other financial support since (we have applied for various government funding opportunities and contests, unsuccessfully)



#### Statistics

www.Alzheimer.ca

- As of January 1, 2024, more than <u>733,040 people in Canada</u> are living with dementia.
- Every day, more than 350 people in Canada develop dementia. This is more than 15 every hour.
- By 2030, nearly 1 million people in Canada will live with dementia.
- By 2031, 6,500 new homes are expected to be built in the City of Kawartha Lakes with 2 or more people living in each household. How many of these individuals will be living with a form of dementia? Are we prepared for this influx? Are there enough supports for them?



#### Operating Hours & Location

- Monday to Friday 9am-3pm (excluding stat holidays)
- ▶ 15 Colonial St., Lindsay
- Maximum 10 clients per day

#### **Contacts:**

Susan Fisher: <a href="mailto:susan.fisher@silverlightsseniorservices.com">susan.fisher@silverlightsseniorservices.com</a> | 705 308 7923

Tammy Adams: <a href="hello@silverlightsseniorservices.com">hello@silverlightsseniorservices.com</a> | 705 308 1940